



## **Cow Creek Government Office**

### **Mental Health Therapist**

Job Code: 2455  
Department: Cow Creek Behavioral Health  
Location: Roseburg, OR.  
Salary: DOE

#### **POSITION PURPOSE:**

The Mental Health Therapist (MHT) works to provide therapy and counseling services to patients, helping them to develop coping strategies, improve their relationships, and achieve emotional wellness.

#### **ESSENTIAL FUNCTIONS:**

- Conduct comprehensive assessments to evaluate patients' mental health needs and develop individualized treatment plans
- Provide therapy and counseling services to individuals, couples, families, and groups
- Help patients identify and address underlying issues contributing to their mental health challenges
- Teach patients healthy coping mechanisms and relaxation techniques
- Collaborate with other healthcare professionals, such as psychiatrists and social workers, to ensure coordinated care for patients
- Maintain accurate and up-to-date patients records and documentation
- Stay current on best practices and evidence-based treatment modalities in the field of mental health

#### **QUALIFICATIONS:**

- Master's degree in Counseling, Psychology, or a related field.
- Hold current & unencumbered certification with the Oregon Board of Licensed Professional Counselors and Therapists or Oregon Board of Licensed Clinical Social Workers.
- Proven experience providing therapy and counseling services to individuals of diverse backgrounds and ages.
- Strong understanding of various mental health disorders and treatment approaches.

- Excellent communication and active listening skills.
- Empathy and compassion for individuals facing mental health challenges.
- Ability to maintain confidentiality and comply with ethical guidelines and professional standards.
- Strong organizational and time management skills to effectively manage a caseload of patients.

