



## **Cow Creek Government Office**

### **Mental Health Therapist**

Job Code: 2455  
Department: Cow Creek Behavioral Health  
Location: Roseburg, OR.  
Salary: \$85,000.00

#### **POSITION PURPOSE:**

The Mental Health Therapist (MHT) works to provide therapy and counseling services to patients, helping them to develop coping strategies, improve their relationships, and achieve emotional wellness. If you are looking for a rewarding career in a supportive and collaborative environment

#### **ESSENTIAL FUNCTIONS:**

- Conduct comprehensive assessments to evaluate patients' mental health needs and develop individualized treatment plans
- Provide therapy and counseling services to individuals, couples, families, and groups
- Help patients identify and address underlying issues contributing to their mental health challenges
- Teach patients healthy coping mechanisms and relaxation techniques
- Collaborate with other healthcare professionals, such as psychiatrists and social workers, to ensure coordinated care for patients
- Maintain accurate and up-to-date patients records and documentation
- Stay current on best practices and evidence-based treatment modalities in the field of mental health

#### **QUALIFICATIONS:**

- Master's degree in Counseling, Psychology, or a related field
- Hold current & unencumbered certification with the Oregon Board of Licensed Professional Counselors and Therapists or Oregon Board of Licensed Clinical Social Workers.
- Proven experience providing therapy and counseling services to individuals of diverse backgrounds and ages
- Strong understanding of various mental health disorders and treatment approaches

- Excellent communication and active listening skills
- Empathy and compassion for individuals facing mental health challenges
- Ability to maintain confidentiality and comply with ethical guidelines and professional standards
- Strong organizational and time management skills to effectively manage a caseload of patients